

Starting with the 2023-24 school year, Bismarck Public Schools and Sanford Health will utilize an app from Sway Medical for concussion baseline testing, sideline evaluation and return-to-learn and return-to-play. With Sway, we are able to establish balance and cognitive baselines in roughly 20 minutes for all our student-athletes at once that have a mobile device to use. The mobile dashboard for the athletic trainer allows them to monitor each athlete's progress through the baseline session in real time. If you are interested, here is some additional info on Sway (<https://www.swaymedical.com/>)

Criteria for those who need to take a Baseline Test is listed below:

- Baseline testing needs to be done for **ALL** participants in grades 9-12 for **ALL** sports before the date of your first competition.
- Athletes cannot participate in competition without a baseline test.
- ***Athletes will need to bring their smartphone or tablet to testing with Sway app already downloaded.***
 - Testing **CANNOT** be completed using a laptop/Chromebook.
 - In addition to athletes in grades 9-12 participating in sports, baseline testing will also include.....
 - Any 7th or 8th grader that will be up practicing or competing with the varsity and/or sub-varsity programs.
 - Any co-op student athlete from another school that participates on a BPS sponsored team.
 - All 7th and 8th grade football players

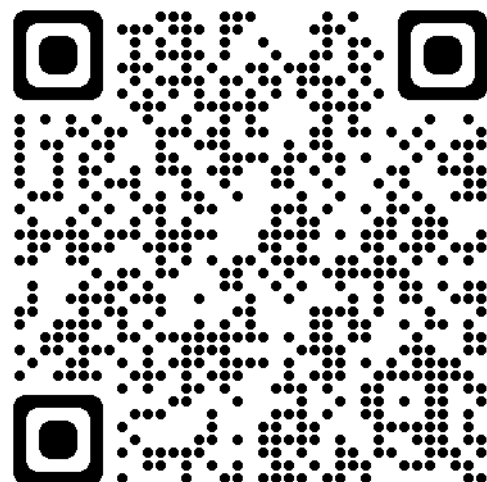
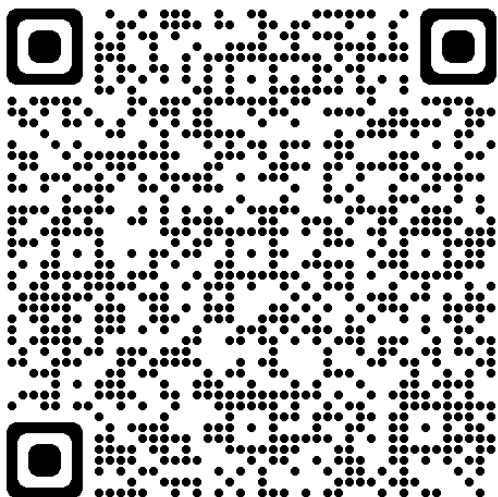
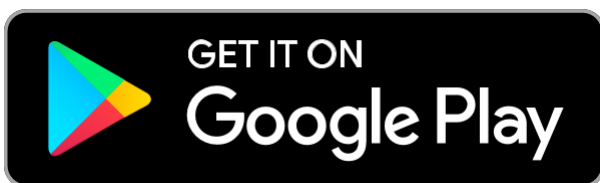
The head athletic trainers at each school will contact the head coaches to schedule a date and time for baseline testing.

Thank you for your patience with this change, please feel free to contact me if you have any questions.

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