



**Sunday, September 22<sup>nd</sup>, 2024**

**6:00-8:00pm**

**@ BECEP Richholt (720 N 14<sup>th</sup> ST)**



## **“The Power of Play in a High-Tech World”**

Presented by: Cari Ebert MS, CCC-SLP

Please join us for a **FREE** parent/guardian training session on the importance of play-based learning for young children. There will be a discussion of the limitations of screen-based play along with strategies for helping families establish mindful screen time habits at home.

**This is a Parent/Guardian ONLY presentation—there will be no childcare available.**

No registration is required.

As a result of this training, participants will be able to:

1. Explain how young children with developing brains and bodies learn best.
2. Describe the developmental benefits of play-based learning in early childhood.
3. List 3 strategies for establishing mindful screen time habits at home.

### **Speaker Bio:**

Cari Ebert, MS, CCC-SLP, is a pediatric speech-language pathologist in private practice in the Kansas City, Missouri area. She received her bachelor's degree from the University of Iowa in 1993 and her master's degree from Southern Illinois University at Carbondale in 1995. Cari is a neurodiversity-affirming therapist, consultant, author, product developer, and nationally recognized speaker who gets paid to do what she loves most—TALK! She has an energetic personality, and this translates to a high-energy speaking style. Most importantly, Cari has an Autistic son, allowing her to engage audiences both as a professional and as a parent of a neurodivergent child.

