

Solheim Cougar Tracks Newsletter

February 2023



Important Dates:

February 2023

2/7 – PTO Meeting, 6:30

2/6 – 100th Day of School!

2/9 – Parent Teacher Conferences

2/13 – Parent Teacher Conferences

2/20 – NO SCHOOL/President's Day

2/21 – NO SCHOOL/Staff Development

2/28 – 3RD Grade Music Program, 7pm

March 2023

3/7 – PTO Meeting, 6:30

3/16 – NO SCHOOL (possible storm make-up day)

3/17 – NO SCHOOL (possible storm make-up day)



Life skills for February:

- **Common Sense:** To use good judgement
- **Flexibility:** To be willing to alter plans when necessary
- **Patience:** To wait calmly for someone or something

Kindergarten Registration is now open February 1 – 28

Register online today!



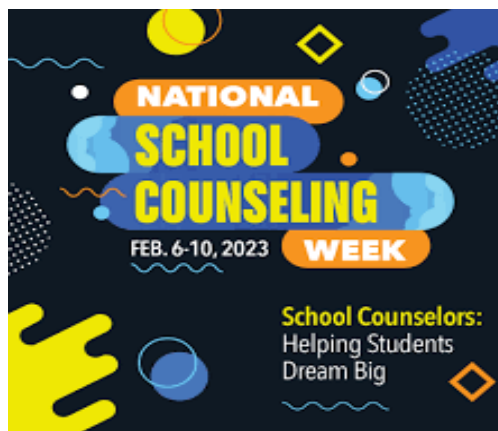
February "Spring" Parent Teacher Conferences – Thursday Feb 9th & Monday Feb 13th (see website for sign up link)



School Counselor Appreciation Week February 6th – 10th

Helping Students Dream Big!

Thank you, Mrs. Nelson, for everything you do!



Random Acts of Kindness Week – February 13 through February 19

Ways we can help Celebrate: Smile at someone just because. Send a card in the mail just because. Donate old blankets/ towels to an animal shelter. Send someone a care package. Help someone before they ask. There are so many ways to show our kindness, sometimes even just the smallest act of kindness can make someones day 😊



Art Minions Club –



Art from the Heart offers an Art Minions after-school club at Solheim every Tuesday afterschool. You must register to attend. Limited availability. Please click the link below to register with Art From the Heart for the month of February.

<https://fb.me/e/49LUZupAy>

February is Black History Month –



Celebrate Black History by reading a book about civil rights or pick your favorite African American hero from history and find out more about their story! Use Pebble Go or Brain POP to research more about Black History Month and the Civil Rights Movement!

President's Day – February 20, 2023



Did you know that President George Washington was the first president to be featured on a postage stamp? Find out more fun facts about presidents by using Pebble Go and Brain POP or exploring the awesome non-fiction books in our library about our presidents!

National Children's Dental Health Month –



A great time to promote the benefits of good oral hygiene, because developing good dental health habits (including regular dental visits) helps children get a jump start on a lifetime of healthy teeth and gums.